

Master Prayer List



Sacred Heart of Jesus ~ St. Patrick

Prayers to be Memorized

Pre School Kindergarten

- **Sign of the Cross**
- **Our Father**
- **Glory Be**

Grade 1

- **Grace before Meals**
- **Prayer to Guardian Angel**
- **Hail Mary**

Grade 2

- **Act of Contrition**
- **Fatima Prayer**

Grade 3

- **Apostles' Creed**

Grade 4

- **Hail, Holy Queen**

Grade 5

- **Prayer to St. Michael**
- **Act of Faith**

Grade 6

- **Memorare**
- **Prayer to the Holy Spirit**

Grade 7 & 8

- **Divine Mercy Chaplet**
- Youth in grades 7 & 8 must be able to lead all the above prayers by leading the Rosary and Divine Mercy Chaplet upon request.

Prayers they should recognize

Grade 1

- **Liturgical responses**

Grade 2

- **Introduction to Rosary: Basic Structure**

Grade 3

- **Prayer to Prepare for Mass**
- **Prayer after Receiving Holy Communion**

Grade 4

- **Mysteries of the Rosary & how it blends with the structure**

Grade 5

- **Prayer after Reconciliation**

Grade 6

- **The Divine Praises**
- **The Angelus**

Grade 7& 8

- **Stations of the Cross**
- **Anima Christi**

Prayers to be Memorized

Pre-School / Kindergarten

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done on earth as it is in
heaven.

Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us, and lead us
not into temptation, but deliver us from evil. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy
Spirit. As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Grade 1

Prayer Before Meals

Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty through Christ, our Lord.
Amen.

Prayer to Our Guardian Angel

Angel of God, my guardian dear, to whom God's love commits thee here, ever this day be at my side to light and guard, to rule and guide. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Grade 2

Act of Contrition (for adults)

O my God, I am heartily sorry for having offended thee and I detest all my sins, because of thy just punishment, but most of all because they offend thee, my God, who are all good and deserving of all my love. I firmly resolve, with the help of thy grace, to sin no more and to avoid the near occasion of sin. Amen

Act of Contrition (for Children)

My God I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You, Whom I should love above all things I firmly intend, with Your help to do penance, to sin no more,
and to avoid whatever leads me to sin. Amen

The Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Thy mercy.



Grade 3

Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth, and in Jesus Christ,
his only Son, our Lord, who was conceived by the Holy
Spirit,
born of the Virgin Mary, suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell;
the third day he rose again from the dead;
he ascended into heaven
and is seated at the right hand of God the Father
Almighty;
from thence he shall come to judge the living and the
dead. I believe in the Holy Spirit, the Holy Catholic
Church, the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.

Grade 4

Hail, Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our
sweetness, and our hope. To thee do we cry, poor
banished children of Eve. To thee do we send up our
sighs, mourning and weeping in this vale of tears. Turn
then, most gracious advocate, thine eyes of mercy
towards us, and after this, our exile, show unto us the
blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of
Christ.

Grade 5

Prayer to Saint Michael the Archangel

St. Michael the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, thrust into hell Satan and all the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

Act of Faith

O my God, I firmly believe that you are one God in three Divine Persons, Father, Son, and Holy Spirit; I believe that your Divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths the Holy Catholic Church teaches because You have revealed them, who can neither deceive nor be deceived.

Grade 6

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer to the Holy Spirit

Come, O Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit, and they shall be created and you shall renew the face of the earth.

Grades 7 & 8

Divine Mercy Chaplet

* Youth in grades 7 & 8 must be able to lead all the following prayers by leading the Rosary and Divine Mercy Chaplet upon request.

Begin with the Our Father, the Hail Mary and the Apostles' Creed

Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.



The Apostles' Creed

I believe in God,
the Father almighty,
creator of heaven and earth,
and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell;
the third day he rose again from the dead;
he ascended into heaven
and is seated at the right hand of the Father;
from thence he shall come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church, the
communion of saints, the forgiveness of sins, the
resurrection of the body, and life everlasting. Amen.

Then, on the large bead before each decade:

Eternal Father,
I offer you the Body and Blood,
Soul and Divinity,
of Your Dearly Beloved Son,
Our Lord, Jesus Christ,
in atonement for our sins
and those of the whole world.

On the ten small beads of each decade, say:

For the sake of His sorrowful Passion,
have mercy on us and on the whole world.

Conclude with (say 3 Times):

Holy God,
Holy Mighty One,
Holy Immortal One,
have mercy on us
and on the whole world.

PRAYERS THEY SHOULD RECOGNIZE

Pre - Kindergarten through Grade 1

- Liturgical Responses: See the First Mass Book

Grades 2 & 4

- Introduction to the Rosary's structure



The Mysteries of the Holy Rosary

Joyful Mysteries

(Normally said on Monday & Saturday)

The Annunciation

The Visitation

The Birth of our Lord

The Presentation of our Lord

The Finding of our Lord in the Temple

Luminous Mysteries

(Normally said on Thursday)

The Baptism in the Jordan

The Wedding at Cana

The Proclamation of the Kingdom

The Transfiguration

The Institution of the Eucharist

Sorrowful Mysteries

(Normally said on Tuesday & Friday)

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion and Death of our Lord

Glorious Mysteries

(Normally said on Wednesday & Sunday)

The Resurrection

The Ascension

The Descent of the Holy Spirit

The Assumption of our Blessed Mother into Heaven

The Coronation of Mary as Queen of Heaven and Earth

Grade 3

Prayer to prepare for Mass

Jesus, I believe in you. Jesus, I hope in you, Jesus, I love you with all my heart. Jesus I want so much to receive you into my heart. I long for you. Jesus, I am sorry for all my sins. I am not good enough for you to come to me. But I know you want me to come to you that you may make me good. Jesus, give me your grace that I may always please you. Holy Mary my dearest Mother, pray for me and make my heart ready for Jesus. Amen

Prayer after Receiving Jesus in Holy Communion

Jesus, I believe in you. Jesus, I hope in you. Jesus, I love you with all my heart. Jesus, I thank you for having come to me. Welcome into my heart and bless me. You are the same Jesus who loved little children and let them come to you. You are the same Jesus who gave Your life for us on the cross and rose from the dead. And now that you are so close to me, I ask You to help me to love You more and to serve You as you want me to serve you. Amen.



Grade 5

Prayer after Reconciliation

My dearest Jesus, I have told all my sins to the best of my ability. I have sincerely tried to make a good confession and I know that you have forgiven me. Thank you, dear Jesus! Your divine heart is full of love and mercy for poor sinners. I love you, dear Jesus; you are so good to me. My loving Savior, I shall try to keep from sin and to love you more each day.

Dear Mother Mary, pray for me and help me to keep all my promises. Protect me and do not let me fall back into sin.

Dear God, help me to lead a good life. Without your grace I can do nothing. Amen.



Grade 6

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.



The Angelus

The angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary ...

Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary ...

And the Word was made flesh.

R. And dwelt among us.

Hail Mary...

Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech thee, O Lord, thy grace into our hearts; that we, to whom the incarnation of Christ, thy Son, was made known by the message of an angel, may by his passion and cross be brought to the glory of his resurrection, through the same Christ our Lord. Amen.



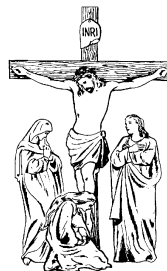
Grades 7 & 8

Stations of The Cross

The Stations of the Cross depict the primary scenes of Jesus' suffering and death. Also referred to as The Way of the Cross, the Stations of the Cross are designed to help Catholics spiritually embark on a pilgrimage of contemplation and prayerful reverence, especially during the Easter season.

The Stations of the Cross consist of 14 stations:

1. Jesus is condemned to death
2. The cross is laid upon Him
3. Jesus falls for the first time
4. Mary meets Jesus
5. Simon of Cyrene is made to help Jesus bear the Cross
6. Veronica wipes the face of Jesus
7. Jesus falls for the second time
8. Jesus meets the women of Jerusalem
9. Jesus falls for the third time
10. Jesus is stripped of his garments
11. Jesus is crucified
12. Jesus dies on the Cross
13. Jesus is taken down from the cross
14. Jesus is laid in the tomb.



Anima Christi

Soul of Christ, make me holy.
Body of Christ, save me.
Blood of Christ, fill me with love.
Water from Christ's side, wash me.
Passion of Christ, strengthen me.
Good Jesus, hear me.
Within your wounds, hide me.
Never let me be parted from you.
From the evil enemy, protect me.
At the hour of my death, call me
and tell me to come to you,
that with your saints
I may praise you
through all eternity.
Amen.

